



Calling on all **FFA Members** to help the **Blue Star Mothers** send **HUGS TO THE TROOPS!**

ITEMS THE SOLDIERS REALLY LIKE:

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| Advil/Tylenol/Motrin | Instant Oatmeal |
| Aftershave/3 blade razors | Kleenex/Q-tips |
| Antacids/Throat Lozenges | Laundry Soap |
| AntiPerspirants | LED Lights of all types |
| Baby Wipes (unscented) | New Release CD's/DVD's - used are OK |
| Band-Aids | Non-Aerosol Glade, Lysol, Febreze |
| Baseballs/Frisbees/Hacky Sacks | Nuts/Sunflower Seeds in the Shell |
| Batteries (AA,AAA, 3V lithium) | Paintbrushes (1" size for cleaning weapons) |
| Beef Jerky/Slim Jims | Pencils/Pens/Stationery Supplies |
| Blank Cards to write home | Personal Fans |
| Books/Magazines (Men/Women) | Pre-paid Phone Cards/SpaWar Phone Cards |
| Breakfast foods (cereal bars,
presweetened cereals, pop tarts) | Pipecleaners |
| Brownies/Snack Cakes | Power Bars/Granola Bars/Trail Mix |
| Bulbs (40 Watt) | Ramen Noodles/ Soup Mixes |
| Bug Repellant | Sardines/Tuna |
| Candy/Chips/Crackers/Gum | Seasonings |
| Canned Bean Dip | Shampoo (Head & Shoulders or Denorex) |
| CD/DVD Holder for 40 CD's | SOCKS!!!! - White, Green, Black |
| Coffee/Hot Chocolate Packs | Sugar Substitutes |
| Drink Mix Powder (Crystal Light, etc) | Sunscreen |
| Dry Skin Lotion/Foot Powder | Surge Protectors (inexpensive is fine) |
| Eye Drops | Tampons/Feminine Hygiene Products |
| Flashlights (red lens/clip on for helmet) | Teas - flavored are most enjoyed |
| Flip-Flops | Toothbrushes/Toothpaste |
| Fly Strips/Glue Traps | Vitamins & Protein Powder |
| Gloves | Warm Wool Hats in winter |
| Harmonicas/Kazoos/Playing Cards | Watches - inexpensive, pocket watch is
better |
| Inflatable Pools in summer | Ziploc Bags |

*****Money to ship the packages is needed, too!!***



TheHugsProject.com
A "cool" way to support
Troops in the Middle East